

# Camden Dads

July – December 2023



**Family Hubs**  
Camden

**8<sup>th</sup> July 2023** | 10am – 12pm  
Kilburn Grange Children's Centre  
& Family Hub  
**Early Talkers & Baby Massage**

**15<sup>th</sup> July 2023** | 10am – 12pm  
Hampden Children's Centre  
**Playful Explorers**

**22<sup>nd</sup> July 2023** | 10am – 12pm  
Castlehaven Community Centre  
**Story Sacks**

**5<sup>th</sup> Aug 2023** | 10am – 12pm  
Harmood Children's Centre  
& Family Hub  
**Mini Movers & Baby Massage**

**12<sup>th</sup> Aug 2023** | 11am – 1pm  
Library Visit  
**Swiss Cottage Library**

**19<sup>th</sup> Aug 2023** | 10am – 12pm  
Kilburn Grange Children's Centre  
& Family Hub  
**Stay & Play**

**2<sup>nd</sup> Sep 2023** | 10am – 12pm  
Hampden Children's Centre  
**Early Talkers & Baby Massage**

**9<sup>th</sup> Sep 2023** | 10am – 12pm  
Castlehaven Community Centre  
**Stay & Play**

**16<sup>th</sup> Sep 2023** | 10am – 12pm  
Harmood Children's Centre  
& Family Hub  
**Soft Play**

**30<sup>th</sup> Sep 2023** | 10am – 12pm  
Kilburn Grange Children's Centre  
& Family Hub  
**Playful Explorers**

**Saturday morning sessions**  
10am–12 noon  
Venues as listed  
**Drop-in to play and  
meet other local dads**



Scan here  
to register

## Friendly local sessions for dads and male carers with children 0–5

**All dads and male carers  
are welcome to:**

- spend quality time with your child
- learn more about your child's development
- get support with being a new parent

### Did you know?

Children who grow up with actively involved dads and male carers...

- are happy and emotionally secure
- do well in nursery and school
- build better relationships as they grow up

Baby Massage sessions are for non-walkers, please bring a towel

### Camden Dads Online

Our new online sessions will take place fortnightly on Thursdays at 6.30 – 7.30pm.

- joined by professionals so you can learn about your child's development
- an open space to chat and get support from other dads and male carers

### Camden Dads and children FREE swim sessions

Enquiries and bookings for swim sessions can be made at our Saturday sessions or via the Camden Dads WhatsApp group.

### Trips

We give priority to families who attend our Saturday sessions

**Any questions –  
get in touch!**



**14<sup>th</sup> Oct 2023** | 10am – 12pm  
Hampden Children's Centre  
**Sensory & Soft Play**

**21<sup>st</sup> Oct 2023** | 10am – 12pm  
Castlehaven Community Centre  
**Early Talkers & Baby Massage**

**28<sup>th</sup> Oct 2023** | 10am – 12pm  
Harmood Children's Centre  
& Family Hub  
**Stay & Play**

**4<sup>th</sup> Nov 2023** | 10:30am – 12pm  
Museum Trip  
**British Museum**

**11<sup>th</sup> Nov 2023** | 10am – 12pm  
Kilburn Grange Children's Centre  
& Family Hub  
**Mini Movers & Baby Massage**

**25<sup>th</sup> Nov 2023** | 10am – 12pm  
Hampden Children's Centre  
**Mini Movers**

**2<sup>nd</sup> Dec 2023** | 10am – 12pm  
Castlehaven Community Centre  
**Playful Explorers**

**9<sup>th</sup> Dec 2023** | 10am – 12pm  
Harmood Children's Centre  
& Family Hub  
**Early Talkers & Baby Massage**

**16<sup>th</sup> Dec 2023** | 11am – 1pm  
Harmood Children's Centre  
& Family Hub  
**Christmas Party**



## Further information

### ICAN

Free advice and resources to help their child's development

[ican.org.uk](http://ican.org.uk)

### ICON

Information about babies crying and how to cope

[iconcope.org](http://iconcope.org)

### DAD.info

Helpful videos and parenting tips

[dad.info](http://dad.info)



[camdendads@camden.gov.uk](mailto:camdendads@camden.gov.uk)



0800 389 5789



[families.camden.gov.uk](http://families.camden.gov.uk)

### 1a Children's Centre and Family Hub

1a Rosebery Avenue,  
EC1R 4SR

### Regent's Park Children's Centre and Family Hub

Augustus Street,  
NW1 3TJ

### Hampden Children's Centre

80 Polygon Road,  
NW1 1HQ

### Agar Children's Centre and Family Hub

Wrotham Road,  
NW1 9SU

### Harmood Children's Centre and Family Hub

1 Forge Place,  
NW1 8DQ

### Kilburn Grange Children's Centre and Family Hub

1 Palmerston Road,  
NW6 2JL

### Castlehaven Community Association

23 Castlehaven Road,  
NW1 8RU



Camden

